



# Imagining Aberdeen

## New Year's resolutions for 2018

1.

I will play with my children when they ask me to.

7.

I will learn more about what children need to be healthy, happy and safe.

13.

I won't drop litter.

17.

I will help my children to get on better with each other.

2.

I will pay attention to my child.

8.

I will stop smoking.

14.

I will watch movies with the kids (that they pick).

3.

I will make sure all the family spend more time together.

9.

I won't drink alcohol when I am with my children.

15.

I will lose weight.

18.

I will help stop bullying.

4.

I will use my phone and computer less (especially when I am with my children).

10.

I will talk and listen to children as much as I can.

16.

I will not take drugs.

19.

I will tell my children how much I love them.

5.

I will read to my children.

11.

I will give my child the support they need.

12.

I will be a kinder person.

20.

I will be an unfeartie\*

6.


I will make sure my child feels wanted.


Children from across Aberdeen are Imagining Aberdeen as a place where children are healthy, happy and safe. Our band of 25 Imagineers are 9 to 12 years old and they help adults understand children's experiences and aspirations. Children's human rights are based on the idea of human dignity and relationships based on empathy, kindness and trust. The Imagineers have come up with 20 ideas for new year's resolutions for adults. Which resolutions will you pick for 2018 and beyond?

\*find out more about the Unfearties: [www.childrensparliament.org.uk/unfearties/](http://www.childrensparliament.org.uk/unfearties/)

 **Children's Parliament**  
*giving ideas a voice*

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Imagining Aberdeen is a partnership between Aberdeen City Council and Children's Parliament

